

REGINA APOSTOLIC CHURCH

21 DAYS *of* PRAYER & FASTING

JANUARY 6 - 26, 2025



I LOVE THE LORD BECAUSE HE HEARS MY VOICE AND
MY PRAYER FOR MERCY. BECAUSE HE BENDS DOWN TO LISTEN,
I WILL PRAY AS LONG AS I HAVE BREATH!

PSALM 116:1-2 NLT

RAC VISION

**A LOCAL CHURCH
CHANGING
OUR NATION FOR
GOD'S GLORY.**

RAC MISSION

**TO INVITE ALL
GENERATIONS TO
EXPLORE FAITH,
ENCOUNTER GOD'S
PRESENCE,
AND BE RELEASED TO
ADVANCE HIS KINGDOM.**

January 2025 marks our 4th year of hosting 3 weeks of prayer and fasting. We will have no idea on this side of heaven the difference this focus has made in the lives of the people of our church and all those whom we've prayed for.

Make no mistake about it: prayer is always our best work. Without prayer, 'we are left to our own devices' when it comes to walking with Him both individually and corporately. Each year, there are so many answers to prayer that stem back to this 3-week focus. I'm excited to see what God will do in the upcoming season!

Along with prayer, we always include fasting as a part of this focus. If you're new to fasting, I encourage you to pick up one of Jentzen Franklin's books listed in this booklet. They will give you a real grounding in the subject and will challenge you to take part. Prayer and fasting together is a powerful 1-2 punch in the area of spiritual warfare.

Our focus is to pray for revival to come to our lives, our families, our church, our city and our nation. I encourage you to join with the church during these 3 weeks, participate as much as you can, and believe for God to answer our requests for His glory!

God bless!

PASTOR LARRY MOORE

Lead Pastor

RAC PRAYER & FASTING 2025

Let's make 2025 a year of anticipation and celebration!

We live in both exciting and uncertain times in which the Lord desires to fulfill His Word and His work in our lives. He is calling us to marvelous things through which we will have the privilege of being His ambassadors.

The year ahead of us is filled with opportunity and possibility. That's why we are so excited once again for our 21 Days of Prayer & Fasting – a time when we will encounter God's presence and experience divine outcomes in our lives.

Our goal over these 21 Days of Prayer & Fasting is to call our church to pray corporately and sacrificially for God's will to be done in our lives, in our families, in our church, and in our city. We are praying for spiritual awakening, healing, and revival to come in a powerful, tangible way!

Participate with us by setting aside time each day to engage in reading, praying, fasting, and believing so that together we can see the perfect will of God accomplished in our church, our city, and our nation of Canada.

IN-PERSON PRAYER SCHEDULE

Throughout our 21 Days of Prayer & Fasting, we encourage you to fill as many days as you can with as much prayer as you can, whether it's the whole day, sections of your day, or brief moments of your day. The Bible instructs us to pray continually, to pray continuously (see 1 Thessalonians 5:17). Utilize the scheduled times for corporate prayer at the church, but also fill in the gaps in your day with prayer—wherever you happen to be, doing whatever it is you're doing.

Join us in this year's prayer initiative. As we pray together, we believe God will hear us. And we expect to see a tremendous, miraculous outpouring of the Holy Spirit in our personal lives, in our church, and in our city with many people coming to faith, being healed, being renewed, and being set free!

Please consider participating in the following scheduled prayer times at the church during these three weeks:

MONDAY TO SUNDAY

6:00am – 6:00pm

PRAYER CENTRE

Our church Prayer Centre will be open each day. Feel free to drop by and pray any time between 6:00am – 6:00pm, before work in the morning, during your lunch break, or on your way home after work.

Each weekday (Monday-Friday) between 12:00pm – 1:00pm, a Pastor, church Elder, or an assigned Ministry Leader will be leading this noon-hour prayer time in the Prayer Centre.

OTHER PRAYER FOCUS TIMES AT THE CHURCH:

WEDNESDAY NIGHT PRAYER

6:30pm – 8:00pm

Sanctuary

SUNDAY PRE-SERVICE PRAYER

8:00am – 9:15am

10:00am – 11:00pm

Prayer Centre

LUNCH HOUR – MONDAY-FRIDAY

12:00pm – 1:00 pm

Prayer Centre

RAC SCHOOL OF PRAYER

Father, pour your Spirit out on us again!

Throughout our 21 Days of Prayer & Fasting, we encourage you to add Wednesday Night RAC School of Prayer from 6:30pm-8:00pm to your weekly calendar of events that you don't want to miss.

Each Wednesday of these three weeks we will provide some teaching on prayer and will walk through our corporate prayer times.

This year we will also have Prayer Stations set up in the Sanctuary that each coincide with one of our Daily Prayer Focuses. We will make use of these Prayer Stations through an engaging, interactive type of prayer called a Concert of Prayer.

*O God, listen to my cry!
Hear my prayer!
From the ends of the earth,
I cry to you for help
when my heart is overwhelmed.
Lead me to the towering rock of safety,
for you are my safe refuge,
a fortress where my enemies cannot reach me.
Let me live forever in your sanctuary,
Safe beneath the shelter of your wings!
(Pause in his presence)*

PSALM 61:1-4

PRAYER THEMES

Listed below is an overview of prayer themes for each day of our 21 Days of Prayer & Fasting. We ask that you follow and include these themes in your times of personal and corporate prayer. (More prayer specifics are provided in the *Daily Prayer Focus* section)

SUNDAYS

- Worship, Prayer, Outreach, Invitation, and Connection

MONDAYS

- Parents, Children, Youth, Young Adults, and Seniors

TUESDAYS

- Schools, University of Regina, Colleges, Teachers, Students, and Next Gen Ministries

WEDNESDAYS

- Manifestation of God's Power & Presence, Christian Initiatives & Influences in Media, RAC Livestreaming, Song Writing, and Creative Arts

THURSDAYS

- Recognizing, Raising Up, and Releasing of Personal Gifting, Calling, and Anointing, RAC to be a House of Healing and a Place of Hope, Personal and Corporate Revival

FRIDAYS

- Entrepreneurs & Business, Economic Provision & Protection, Divine Favour, Financial Blessing, and Generous Giving

SATURDAYS

- Pastors & Staff, Local & National Ministry Leaders, Political Leaders, Wisdom, Discernment, and National Influence

DAILY PRAYER FOCUS

Following the prayer themes outlined on the previous page, here are some specific prayer focuses to help guide you in your daily times of prayer.

WEEK ONE

MONDAY, JANUARY 6TH

- Pray for parents, children, youth, students, young adults, seniors, single families, and marriages—for parents to have godly insight and wisdom raising their children, for children to honor and respect their parents and make wise God-honoring life decisions, for marriages and family units to be healthy and whole, for prodigals and for reconciliation.

TUESDAY, JANUARY 7TH

- Pray for our education system—for spiritual and physical protection over our schools, University of Regina, and colleges, pray for teachers and students, and pray for the Next Gen Ministry in our church that young lives would be impacted for the purposes and glory of God. Pray for Eston College whom we host and partner with here at RAC.

WEDNESDAY, JANUARY 8TH

- Pray for the manifest presence and power of God to increase and reside in our church and that Christian initiatives and influences in various types of media will emerge, that our RAC Livestreaming Ministries will reach many across our nation and around the world, that songs

will be birthed out of our local church, and that those with creative giftings will find their creative voice and begin to flourish in their anointing.

THURSDAY, JANUARY 9TH

- Pray that those who attend RAC and those who choose to make RAC their church home in this next year will become more aware of and open to their God-given gifting, ministry calling, and personal anointing that moves them to willingly and joyfully serve, pray that RAC will be a church that intentionally recognizes, raises up, and releases people in their area of gifting to advance the Kingdom, and pray for RAC to be a house of healing and a place of hope for people looking to explore areas of life and faith.

FRIDAY, JANUARY 10TH

- Pray today for those in our church and city who are entrepreneurs and business owners—for economic direction, provision, and protection and for divine favour, and pray for financial blessing over our church and church families that produces a spirit of gratitude and generous, cheerful giving.

SATURDAY, JANUARY 11TH

- Pray for our pastors and church staff, our church leadership, local city pastors and national ministry leaders, missionaries that we support as a church, and political governmental leaders—for grace, wisdom, insight, and discernment to lead well in these ever-changing times, for an increase of anointing on our Pastors and Church Leadership Team, for RAC to rise in national influence for God's glory.

WEEK TWO

SUNDAY, JANUARY 12TH

- Pray for RAC to be a worshipping church, a praying church, a soul-winning church, and an inviting and attractive, missional church that is known for how we love God and love others—for a mantle of worship, prayer, outreach, and hospitality to be on us as a church, for that one person whom we are believing will come to faith in Christ this year, for lost souls to find Jesus and be saved.

MONDAY, JANUARY 13TH

- Pray for parents, children, youth, students, young adults, seniors, single families, and marriages—for parents to have godly insight and wisdom raising their children, for children to honor and respect their parents and make wise God-honoring life decisions, for marriages and family units to be healthy and whole, for prodigals and for reconciliation.

TUESDAY, JANUARY 14TH

- Pray for our education system—for spiritual and physical protection over our schools, University of Regina, and colleges, pray for teachers and students, and pray for the Next Gen Ministry in our church that young lives would be impacted for the purposes and glory of God.

WEDNESDAY, JANUARY 15TH

- Pray for the manifest presence and power of God to increase and reside in our church and that Christian initiatives and influences in various types of media will emerge, that our RAC LIVE Streaming Ministries will reach many across our nation and around the world, that

songs will be birthed out of our local church, and that those with creative giftings will find their creative voice and begin to flourish in their anointing.

THURSDAY, JANUARY 16TH

- Pray that those who attend RAC and those who choose to make RAC their church home in this next year will become more aware of and open to their God-given gifting, ministry calling, and personal anointing that moves them to willingly and joyfully serve, pray that RAC will be a church that intentionally recognizes, raises up, and releases people in their area of gifting to advance the Kingdom, and pray for RAC to be a house of healing and a place of hope for people looking to explore areas of life and faith.

FRIDAY, JANUARY 17TH

- Pray today for those in our church and city who are entrepreneurs and business owners—for economic direction, provision, and protection and for divine favour, and pray for financial blessing over our church and church families that produces a spirit of gratitude and generous, cheerful giving.

SATURDAY, JANUARY 18TH

- Pray for our pastors and church staff, our church leadership, local city pastors and national ministry leaders, missionaries that we support as a church, and political governmental leaders—for grace, wisdom, insight, and discernment to lead well in these ever-changing times, for an increase of anointing on our Pastors and Church Leadership Team, for RAC to rise in national influence for God's glory.

WEEK THREE

SUNDAY, JANUARY 19TH

- Pray for RAC to be a worshipping church, a praying church, a soul-winning church, and an inviting and attractive, missional church that is known for how we love God and love others—for a mantle of worship, prayer, outreach, and hospitality to be on us as a church, for that one person whom we are believing will come to faith in Christ this year, for lost souls to find Jesus and be saved.

MONDAY, JANUARY 20TH

- Pray for parents, children, youth, students, young adults, seniors, single families, and marriages—for parents to have godly insight and wisdom raising their children, for children to honor and respect their parents and make wise God-honoring life decisions, for marriages and family units to be healthy and whole, for prodigals and for reconciliation.

TUESDAY, JANUARY 21ST

- Pray for our education system today—for spiritual and physical protection over our schools, University of Regina, and colleges, pray for teachers and students, and pray for the Next Gen Ministry in our church that young lives would be impacted for the purposes and glory of God.

WEDNESDAY, JANUARY 22ND

- Pray for the manifest presence and power of God to increase and reside in our church and that Christian initiatives and influences in various types of media will

emerge, that our RAC LIVE Streaming Ministries will reach many across our nation and around the world, that songs will be birthed out of our local church, and that those with creative giftings will find their creative voice and begin to flourish in their anointing.

THURSDAY, JANUARY 23RD

- Pray that those who attend RAC and those who choose to make RAC their church home in this next year will become more aware of and open to their God-given gifting, ministry calling, and personal anointing that moves them to willingly and joyfully serve, pray that RAC will be a church that intentionally recognizes, raises up, and releases people in their area of gifting to advance the Kingdom, and pray for RAC to be a house of healing and a place of hope for people looking to explore areas of life and faith.

FRIDAY, JANUARY 24TH

- Pray today for those in our church and city who are entrepreneurs and business owners—for economic direction, provision, and protection and for divine favour, and pray for financial blessing over our church and church families that produces a spirit of gratitude and generous, cheerful giving.

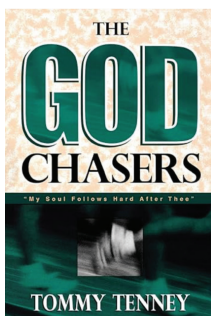
SATURDAY, JANUARY 25TH

- Pray for our pastors and church staff, our church leadership, local city pastors and national ministry leaders, missionaries that we support as a church, and political governmental leaders—for grace, wisdom, insight, and discernment to lead well in these ever-changing times, for an increase of anointing on our Pastors and Church Leadership Team, for RAC to rise in national influence for God's glory.

CLOSING SUNDAY

SUNDAY, JANUARY 26TH

To wrap up our 21 Days of Prayer & Fasting, we encourage you to review your prayer and fasting journey from the past 3 weeks and ask the Holy Spirit to give you 1-2 initiatives to apply in your life as a disciple.

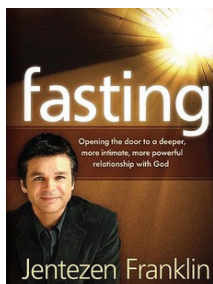


“A God chaser is an individual who hunger exceeds his reach, a person whose passion for God’s presence presses them to chase the impossible in hopes that the uncatchable might catch them. A child chases a loving parent until, suddenly, the strong arms of the father enfold the chaser. The pursuer becomes the captive; the pursued the captor.

Paul put it this way: “I chase after that I may catch that which apprehended me” (Phil. 3:12). Job was a God chaser. He said, “ Oh that I knew where I might find Him!” David was one; he said, “My soul follows hard after Thee.” Paul was one too: “That I may know Him....” The passionate paths of God chasers can be traced across the pages of history from Moses the stutterer, David the singer, and Paul the itinerant preacher, to contemporaries like A.W. Tozer, Leonard Ravenhill, and countless others who share one common bond: an insatiable hunger to know their Lord. These are peoples passionate, relentless pursuit of Christ often made them appear foolish in the eyes of others. Yet, having tasted His goodness and glimpsed the invisible, they could be satisfied with nothing less.”

This book will be available for sale and to lend in the Resource Room. As well, we will be hosting an on-line study on this book for the 3 Saturdays of the fasting and prayer time. Each session will be approximately 90 minutes long, and our goal will be to cover approximately 3 chapters in each of our sessions. If you’re interested in taking part in this study, please contact the church office and leave your email address with a request to be included in the ‘on-line book study’. We’ll be in touch with more information.

Even if you can’t make the on-line study, please read the book anyways as it will be an encouragement to you.



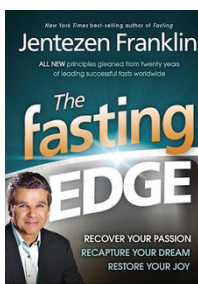
FASTING

JENTEZEN FRANKLIN

During our first year of fasting, we read through this book which gives the biblical basis for fasting and provides great insight into how to fast safely and effectively. Jentezen Franklin, Lead Pastor of Free Chapel will walk you through the biblical basis for a Christian to fast. There will be some of these books available for sale and to lend out in the Resource Centre.

THE FASTING EDGE

JENTEZEN FRANKLIN



As a 'next step' in the study of fasting, this is the second volume on the subject from Jentezen Franklin. It provides a deeper discussion and a more in-depth study of both the practical and biblical basis for this Christian discipline. There will be some of these books available for sale and to lend in the Resource Centre.

During our 21 Days of Prayer & Fasting, we encourage you to make use of the Prayer Cards located in the Prayer Centre and at the Reception Desk in the Main Foyer. There's also an online version of the Prayer Card that you can find on our church website at www.reginaap.com/prayer.

[illegible]

*Be sure to fill out praise reports and testimonies as they come in throughout our 21 Days of Prayer & Fasting. Each praise report and testimony are a story of God's goodness and faithfulness, an answer to prayer that is worth sharing.

WHO'S YOUR 1?

As well, we want to encourage you to take a “Who’s Your 1” card as a way for you to not only focus prayer on a loved one, but also to share and celebrate what God does through prayer.



This year, we will be praying for the Lord to bring people who don't know Him to a place of salvation. Our heart is to see many people get saved and the first step in that is to pray consistently for them. The scriptures tell us in 2 Peter 3:9 "The Lord is not slow to fulfil his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance."

To that end, prayer is always our best work! Our goal is to encourage you to join with others as we pray regularly over the next year for our one person in particular to become a Christian. (Of course, you are encouraged to pray for as many as you like.)

Please ask the Holy Spirit who He would have you pray for, then write their name on this card and keep it with you where it will remind you to pray regularly. Watch for encouragement, advice, scriptures and stories in our weekly newsletter that will help you in your prayer journey for that one you are praying for. When someone comes to know Jesus, simply add another name to a new card and start over. Only when we get to heaven are we going to know how great a difference our prayers have made!



MY 1 IS _____
Person's Name

Notes:

Questions? Contact us at 306-789-1234



We believe that God not only hears our prayers; He answers them! During our 21 Days of Prayer & Fasting, we anticipate that God is going to release a wave of miracles and breakthroughs throughout our city that is going to impact our lives for His glory as well as those in our family, our friends, and our co-workers.

So, please go to www.reginaap.com/prayer. Make sure to share testimonies of answered prayers at the same link.

During our Sunday morning worship gatherings, one of our Pastors or someone from our church leadership team will lead the congregation in a corporate prayer over the needs. Each of these requests will also be shared with our prayer team.

NOTES

Please use the space provided in the notes area of this booklet to document requests that you are praying for, messages that God shares with you during your personal times of prayer, thoughts the Holy Spirit may prompt you with as you pray, or any experiences you may have with Jesus during these 21 Days of Prayer & Fasting.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There is no text or other markings on the paper.

